

# Ontario Early Years Discovery Public School

## "Nobody's Perfect"

A program for parents/caregivers of children from  
birth to 6 years

Join us for this positive and empowering parent education program that informs parents about the "when's", "why's" and "what's" of the first six years.

We cover a range of topics that may include:

- Stress management
- Nutrition
- Importance of play
- Behaviour management
- Ages and stages of child development
- Safety



Come out and meet with other parents, share stories, joys and concerns. Refreshments and take home parenting books are available.

**Wednesday, April 6<sup>th</sup> - May 25<sup>th</sup> 2011**  
**9:30-11:30 am**

**Call 1-866-404-2077 Ext. 215 or speak with staff for details.**